

# How To Best Navigate the Program

## *What our most successful members do*

### Get a 2-inch binder (3-hole punch) for Program-related materials

- Set up tabs, one for your notes, worksheets, and examples for each class
- Set up tabs to store your notes/assignments for the meetings, quarterly sessions, and coaching sessions
- Add another tab for you to store all your printed daily accountability emails
- And finally a Miscellaneous tab for any additional materials and resources

### Prioritize and navigate the different resources available to you

- The online classes and Mastermind Pods are your primary focus as these build the foundation for what you need most
- The Quarterly Activators are the high-result activities that will get you to your goals! Make these your next priority
- The Client Attraction System® is a reference to use throughout your program to get clients and set up a strong foundation

### Show up 100%

- Add all meetings, virtual events, and sessions to your calendar now so that you never miss them
- Show up for all of them. When attending virtually, make it your singular focus by closing email and social media, putting a note on the door. Set boundaries with clients, teams, family, and friends. Tell them that you are in class (it matters!)
- Show up every single day for your Accountability Buddy calls (those who do this get exceptional results)

### Follow the guidance of your Coaches, Pod Facilitators and Mentors

- After Boldheart virtual events and online sessions, create an implementation plan. Aim to outline 30-60-90 day action steps and share them with your Accountability Buddy (sending a picture of your implementation checklist works)

### Treat each class or meeting as a class you would attend in person

- Pick a set day each week to complete a class, i.e. Friday. Then, create a 60-minute recurring weekly time slot
- Treat this appointment with yourself as you would a sacred appointment with a paying client (no scheduling over it!)
- Also, schedule time for doing the assignments afterward (one hour should cover it, but you can add some extra time)
- Never miss a meeting for anything in the world. They are worth gold for your business and nothing should get in the way of you attending. Plus, the relationships you create with others are priceless. (Your results depend on attending)

### Carve out time to work on your Boldheart implementation checklist

- Ideally, a specific time each day or one full day a week (Money Monday or Focused Friday). Schedule these

### Daily Accountability emails

- Discuss your daily accountability email with your Accountability Buddy or email them your answers before your daily call

### Participating fully in the community works wonders!

- Use the Facebook Group to get resources and share wins. Ask questions, give feedback, provide value!
- Most importantly, the time in which you most need support is when things aren't going as smoothly as you'd like. Not every day of the entrepreneurial journey is an easy day. In the past, some members going through a tough patch would shy away from showing up for their Q&A calls or Pods, and avoided sharing their experience in the Facebook group or their AB calls, not wanting to put a damper on the mood of the group. This is not the time to withdraw or retreat! By all means, LEAN IN during the difficult times. We've all been there and members will gladly jump in to help you when you ask, as you will for them when they need it too. This is the precise time to *really* show up and allow yourself to be helped. Get your needs met!

### Avoid over-thinking the assignments and "Follow The Recipe"

- Many members say, "*I just do what they tell me*" and report that *following the recipe exactly* is what creates the best results

### Be careful about the 'Comparison Monster'

- Everyone is on his or her own journey and their own timing. Let's focus on yours, and yours only, OK?

### Measuring backwards gives you confidence

- Instead of measuring your current results against an ideal scenario, or comparing yourself to others in the Program, measure from *where you were a year or two ago*. This helps put the Comparison Monster at bay and get focused again

### Consider the Program a promotion-free zone

- Your Boldheart community is made up of *supporters*, not *prospects* (this is not the place to promote your business, ever.)

