

Biography FABIENNE FREDRICKSON

Boldheart Business founder

Fabienne Fredrickson is a powerful catalyst for solo business owners who seek to make the greatest impact they can in their work, while creating certainty in their business and financial security in their lives.

The thing that gets her out of bed each morning?

She believes that when women make their own money (and lots of it), they experience a profound feeling of safety in their life. That's when they take up more space in their families, their communities and the world.

For more than twenty years, she has been, and continues to be, a mentor to tens of thousands of women business owners (and the men who appreciate learning from a strong woman) as founder of Boldheart.com, the parent company she founded that now houses her many brands.

Her company has been repeatedly recognized by the media, and Inc. Magazine has named it one of America's Fastest Growing Private Companies for three consecutive years.

She is an inspiring speaker to audiences as large as 7,000 attendees, and has been featured in Forbes, Entrepreneur, Inc., Fast Company, Amex Forum and the New York Times, among other celebrated publications.

In everything she does, Fabienne likes to say that she sprinkles selfworth and mindset principles on all of her teachings, as one would fairy dust. She teaches you to fight self-doubt, become infinitely more confident, believe in yourself, value your unique brilliance, and then get out of your comfort zone so you can create a magnificent life you love.

She teaches these self-worth principles at Fabienne.com.